

# M.A.Y Mentoring Newsletter

May 2024



**M.A.Y Mentoring**  
**Links to LNX (E-Mentoring)**  
**MC<sup>2</sup>**  
**Mustang Mentors**

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# Kite Flying

*April 14, 2024*

The M.A.Y Mentors and Mentees gathered together on a beautiful April afternoon to build a kite and fly it together. The Mentees enjoyed being able to pick a cool kite, and had help from the Mentor to build it. They enjoy the fellowship of other mentors and mentees but also enjoyed some one on one time together while trying to keep the kite in the air.



## Links to LNX: Face to Face

*April 17, 2024*

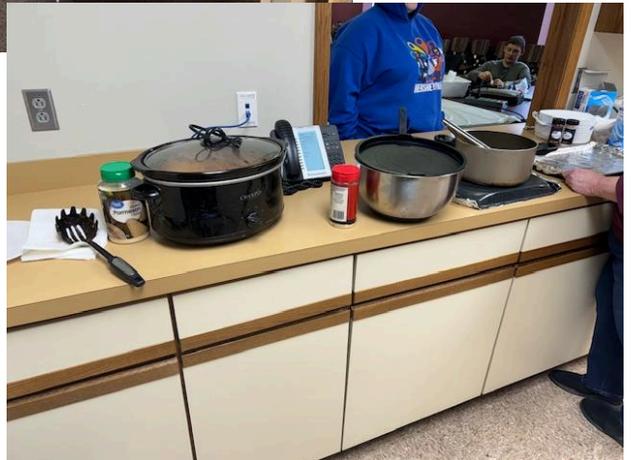
Our final speaker for the Face to Face events was Kindra Weston owner of Midwest Mental Health and Weston Primitives. Kindra spoke to the students about her journey from high school in a small rural town near here to college. Kindra spoke about her many ventures to pay for school and become her own boss. She talked about her Antiquing business and staging after college, the many mentors that she encountered along the way. Kindra touched a bit about mental health in a rural area and the need for more mental health providers. We appreciated Kindra taking time to speak with the students about her experiences, journey and the impact that her business is having on our community and neighboring communities.



# Mustang Connections

*April 18, 2024*

The last two months we have piloted a program to high school students that focuses on life skills, connections with local business and organizations that will help them to be independent young adults. The programming focuses around areas of interest for the students in the pilot as well as giving them hands-on experience. The students learned about creating a grocery budget, shopping for the groceries and the importance of meal planning. The students in this programming learned to make a spaghetti dinner on a limited budget and feed many. We hope to fully see this program roll out in the fall to high school students and plan to connect the young adults to mentors that they can bounce ideas off.



# Breakfast Club Speaker

April 30, 2024

Lesley Brooks and Taylor Goetz from Lashier, Bonefas, and Baldwin came to speak with students about their role at LBB and the many connections and mentors they had along the way. Lesley & Taylor have been working at LBB for over 8 years but had many other experiences prior to working in accounting with LBB. They loved the flexibility of hours, the small office feel, being able to spend time with family but knowing 3 months of the year they would be very busy because of tax season. Taylor and Lesley also volunteer a bunch of their time to M.A.Y Mentor programs, Parent Teacher organization and with their church. They talked with the students about making and maintaining connections...ITs not about what you know but who you know that can help you.



# Summer 2024 M.A.Y Programming

June/July 2024

The school year is winding down and that means we are gearing up for some summer fun with M.A.Y Mentoring. The goal for Summer Pop-up events in the community parks is a way to allow us to interact and engage kids close to their homes. We want kids in the community to have fun activities to participate in throughout the summer but also have a caring adult to interact with during the activities. We will be looking for individuals to volunteer their time as a mentor helping at the POP-up events. We will hold them on the following Wednesdays in Shenandoah and Farragut.

Shenandoah  
Parks



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Name of Event	Date	Time	Place
Art in the Park	June 12, 2024	9:00-11:00 am	McComb Park
Becoming a Leader	June 19, 2024	2:00-4:00 pm	Priest Park
Nature in the Park	June 26, 2024	9:00-11:00 am	Sportsman's Park
Create Kindness	July 10, 2024	9:00-11:00 am	McComb Park
Storybook Trail	July 17, 2024	2:00-4:00 pm	Priest Park
Movement in the Park	July 24, 2024	9:00-11:00 am	Gottsch Park

If you are interested in volunteering click on the link: <https://forms.gle/KE9HDgpmYmzZPmVQ7>

# Summer 2024 M.A.Y Programming

June/July 2024

Farragut  
Park



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Name of Event	Date	Time	Place
Art in the Park	June 12, 2024	1:00-3:00 pm	Farragut Park
Becoming a Leader	June 19, 2024	9:00-11:00 am	Farragut Park
Nature in the Park	June 26, 2024	1:00-3:00 pm	Farragut Park
Create Kindness	July 10, 2024	1:00-3:00 pm	Farragut Park
Storybook Trail	July 17, 2024	9:00-11:00 am	Farragut Park
Movement in the Park	July 24, 2024	1:00-3:00 pm	Farragut Park

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## Community Event Opportunities

<p><b><u>Farragut</u></b> Library Every Wednesday 1-4pm</p>	<p><b><u>Shenandoah</u></b> Shen Library</p>	<p><b><u>Essex</u></b> Porter's Lake Skating Rink 6-9 pm Friday, May 3 Saturday May 11 Friday May 17 Saturday, May 25 Friday, May 31</p>
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